

# HOLD ON TO GOD

## READ

**“22** The same night he arose and took his two wives, his two female servants, and his eleven children, and crossed the ford of the Jabbok.**23** He took them and sent them across the stream, and everything else that he had.**24** And Jacob was left alone. And a man wrestled with him until the breaking of the day.**25** When the man saw that he did not prevail against Jacob, he touched his hip socket, and Jacob's hip was put out of joint as he wrestled with him.**26** Then he said, "Let me go, for the day has broken." But Jacob said, "I will not let you go unless you bless me."**27** And he said to him, "What is your name?" And he said, "Jacob."**28** Then he said, "Your name shall no longer be called Jacob, but Israel, for you have striven with God and with men, and have prevailed."**29** Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him.**30** So Jacob called the name of the place Peniel, saying, "For I have seen God face to face, and yet my life has been delivered."**31** The sun rose upon him as he passed Penuel, limping because of his hip.**32** Therefore to this day the people of Israel do not eat the sinew of the thigh that is on the hip socket, because he touched the socket of Jacob's hip on the sinew of the thigh.”

– Genesis 32:22-32

## THINK

While there is lots to be learned through this passage the concept we want to look at is in verse 26. Jacob despite being in pain and clearly going from a position of strength to brokenness refuses to let go. What is Jacob's reason for refusing to let go? Why do you think the blessing was so important to Jacob?

Look again at verses 25-28. In what ways was Jacob changed in these verses? Which one made the greatest impact on his future? Why?

What are you holding onto God for? Who are you holding onto God for?

## PRAY

These thoughts and prayers are just a guide to get you started in your conversation with God. Think of them as conversation starters rather than a check list to quickly pray.

***Cry out to God for the things/people that you are refusing to give up on.***

***Thank the Lord that He changes you from death to life and from darkness into light. Ask Him to help you be a light in the darkness to your generation***

**DO**

***We are seeking the Lord through prayer and fasting starting tonight at dinner (skip dinner), and finishing tomorrow at dinner (skip breakfast & lunch, then eat dinner)***